

Swimming Pool Timetable 3rd September to 23rd September

		7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
		7:30	8:30	9:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	21:30
Mon	Adult Lanes	Adult Lane Swim (07:00-09:00)		Open (09:00-09:45)	Schools (10:00-11:00)	Open (10:00-11:00)										
	General				Schools (10:00-12:30)			Schools (13:15-14:30)	Open (14:30-18:15)				Aqua Aerobics	Open (19:15-22:00)		
Tues	Adult Lanes	Adult Lane Swim (07:00-09:00)		Open (09:00-10:45)	Schools (11:00-11:30)	Open (11:45-16:00)				JSA		Open (17:30-22:00)				
	General									JSA		Private Booking	Open (20:00-22:00)			
Wed	Adult Lanes	Adult Lane Swim (07:00-09:00)		Open (09:00-22:00)												
	General			Open (09:00-11:45)		Staff Training (11:45-12:45)	Open (12:45-16:00)			JSA (16:00-17:30)		Open (17:30-19:00)	Master Swim	Open (20:00-22:00)		
Thurs	Adult Lanes	Adult Lane Swim (07:00-08:30)	Schools (08:45-09:30)	Open (09:45-16:00)						Open (16:00-22:00)						
	General									JSA (16:00-17:30)			AquaFit	Open (19:00-22:00)		
Fri	Adult Lanes	Adult Lane Swim (07:00-09:00)		Open (09:00-22:00)												
	General			Open (9:00-16:00)						JSA (16:00-18:00)			Master Swim	Open (19:30-22:00)		
Sat	Adult Lanes	Open (07:00-09:00)	JSA (09:00-12:30)				Open (12:30-22:00)									
	General															
Sun	Adult Lanes	Open (07:00-22:00)														
	General															

POOL OPEN		
Tues 4 Sept	09:00-18:30 No Schools/JSA	
Weds 19 Sept	11:45-12:45 No Staff Training	
Weds 5 Sept	16:00-19:00 No Schools	
Weds 19 Sept	19:00-20:00 No Master Swim	
Thurs 6 Sept	09:00-18:00 No Schools/JSA	
Fri 7 Sept	16:00-18:00 JSA	
Mon 10 Sept	12:00-14:30, 10:00-11:00(Lanes) No Schools	
Pool Closure General Side		
Mon 10 Sept	08:30-12:00	NPLQ
Pool Closure Whole Pool		
Tues 18 Sept	08:45-11:45	School Booking
Weds 19 Sept	10:00-11:00	Schools
Fri 21 Sept	10:00-11:00	Schools

Key :

	Open to All
	Bookable Swimming Lessons
	Closed Private Bookings
	Bookable Open Public Classes

This timetable is subject to change: Please see our website www.southampton.ac.uk/sportandwellbeing, phone us on 023 8059 2119 or see notices and plasma screens in the Jubilee Sports Centre